

October 2019 Newsletter

Hello everyone, we've got a busy few months coming up here at Chuckles so don't forget to keep a look out on our Facebook pages and noticeboard for details.

Important dates for your diary

4th October - Pre-school parent sports session

7th October - Pre-school parent woodwork session

28th October - 1st November - Half term

1st November - Pre-school parent craft session

10th November - Chuckles 20th birthday party 😊

21st December - Term ends for children on term time only contracts

Session times - Please make sure that you adhere to the session times booked for your child/ren as our staff rota's are put in place based on the number of children in at these times - this means that if you are late collecting your child then a team member may have to work additional time in order to ensure we do not fall below our legal staffing ratios, booking of additional hours can only be done with 24 hours' notice so that staff rotas can be checked and amended if needed

Who to contact...

Tara - for enquiries regarding payments/invoices/funding
finance@chuckles.wales

General enquiries and booking of sessions -
hello@chuckles.wales

Nominate a staff member - Don't forget if you would like to give a team member a big "wahoo" for our board simply write the team members name, your child's name, the reason why on a piece of paper and post it into our post box 😊

Parent question of the month

How happy are you with our recent changes to our rooms?

*Don't forget you can e-mail your responses to hello@chuckles.wales or if you have any other suggestions we also love to hear them!!

BRRRRRRRR - As the weather is now going to start getting colder please could we have a hat, scarf and gloves for your child's care bag (please label them so they don't get lost) and also please ensure your child brings a warm coat as we will still be going outside daily.

Parents meetings for pre-school parents - This be held on the week commencing the November 18th November and will give all parents the opportunity to discuss their child's progress, also those parents whose children are new to our pre-school group hear all about how well they are settling in

Chuckles Uniforms - making life that little bit easier! - We have embroidered t-shirts available to buy now in sizes 3-4 years and 5-6 years @ only £6.50 each or 5 for £30. We are also currently taking orders for jackets in sizes 3-4 @only £13 each.

Winter flu and Viruses - We find that there are a higher number of cold/flu and viruses around during the winter months. Our illness charts are displayed on the notice board so that you are aware of the amount of time your child needs to remain away from nursery. The reason for these inclusion periods are to limit the risk of infection to other children so can we please ask that you ensure you follow these procedures and also inform us if you child has shown any signs of illness over night or at the weekend so that we can monitor them and decided if they should remain in nursery. Finally can you please ensure that all contact details for your child are up to date, including your emergency contact - Thank you

Parking And The Car Park Area - Please ensure that you are parking in the designated parking bays when dropping off and collecting your children as this causes minimum disruption to other cars. Also please be aware when driving and reversing in this area that there may be children behind you.

Group News



Little Bunnies (0-2 years), **Little cubs** and  **Smashing smilers** (18m-3yrs)

Our toddlers and will be learning all about Autumn this month by exploring the changes in our garden, using lots of colours for leaf printing and learning about the animals we need to look after in our gardens. We will also be doing lots of arts and crafts ready for Halloween and bonfire night and decorating pumpkins. Our little bunnies will be exploring colours and textures through lots of different sensory activities as well as joining in with lots of arts and crafts.



Happy Helpers



Chatty Chucklers (3-4 years old)

This month we will be continuing to explore the changes in our gardens and learning all about squirrels, before moving onto our pumpkin theme where we will be Investigating pumpkins (weighing, measuring, feeling, and tasting etc), making yummy pumpkin soup, decorating pumpkins ready for Halloween and also reading the leaf man, we're going on a leaf hunt, squirrels Autumn search and too many pumpkins for our books of the week. As we will be doing lots of investigating of Autumn items in nursery his month it would be great if you can see if you can find some at home too and bring them in - we'd love to see lots of acorns, pine cones, conkers and coloured leaves.

Chuckles Car Stickers - If you would like a Chuckles Nursery car sticker for your rear window please ask one of the Team for one to display in your car 😊

Your rubbish is our treasure - Our pre-school children are investigating loose parts this term so if you have any usual items you think they would like we'd love you to bring them in

Availability for additional sessions is currently very limited and we have a waiting list in place for most sessions, any sessions that become available will be allocated on a first come basis - this also applies to parents wanting to increase days/hours on receipt of the Childcare offer for Wales 30 funded hours in the summer term. Any request for additional days/hours must be e-mailed hello@chuckles.wales - a confirmation e-mail will be sent if we are able to accommodate your request

"Friends" on Facebook - Please note that team members are not permitted to add parents on Facebook so please do not be offended when friend requests are ignored.



Telephone Queries - Can we please ask that you keep all telephone queries until after 9am unless urgent as we are very busy between 8am and 9am helping the children with breakfast, or alternatively use the e-mails above to contact us if your query is not urgent.

The **Childcare Offer for Wales** is now open to all eligible parents of 3-4 year olds who live in Wales - To register please contact your local authority 😊 or for more information and eligibility criteria please visit <http://www.newport.gov.uk/en/Care-Support/Children-and-families/Family-Information-Service/Childcare/Childcare-offer.aspx>

*Please note that additional hours/sessions can only be taken at the nursery if we have availability



Scrap Paper - We really appreciate scrap paper from any of you that work for companies that would either throw it away or recycle it, because as you know your children like to draw lots of pictures to give to their friends or take home for you. Also any old newspapers come in handy for covering our tables when the activities get really messy!

Bags - Can you please make sure that your child brings a small bag with them each day for nursery as they like to do lots of pictures for and we want to make sure they are kept safe. Also, can pre-school parents please ensure there is a set of clothes in their bags in case of any little "accidents" as they no longer have nursery bags within this age group.

Names - Please, please can you put your children's names in all of their jackets, coats, hats, scarves, gloves etc as quite often the children will come in wearing the same items.

Until next Time.....

Amy
And
Team Chuckles

***Wait! Don't go yet - keep reading as your monthly menu is on the next page so that you can see all of the delicious meals your children are enjoying this month 😊**

Chuckles Monthly Menu
Breakfast : Weetabix or Rice Krispies

W/C- 23/09/19	Lunch	Tea
Monday	Fish & mixed vegetable masala curry with rice	Savoury cheese scones with butter, cucumber and sweet pickle
Tuesday	Summer garden vegetable and green lentil pie (Green beans, sweetcorn, courgettes, carrots, potatoes)	Farfalle pasta with, peppers and a garlic and herb dressing
Wednesday	Chicken, stuffing, new potatoes, cauliflower, broccoli and carrots *	Mackerel in tomato sauce with toast triangles
Thursday	Bean & vegetarian sausage pasta bake	Tuna, sweetcorn and mayonnaise wraps with carrot sticks
Friday	Sweet & sour pork with noodles	Vegetable finger rolls with homemade tomato sauce

W/C – 30/09/19	Lunch	Tea
Monday	Fish cakes, waffles and spaghetti	Chicken tikka filled pitta's with mint yoghurt raita and cucumber sticks
Tuesday	Turkey and bean chilli with rice	Savoury omelette with potato salad and pepper sticks
Wednesday	Pork sausages, new potatoes, parsnips, green cabbage*	Cheese savoury wraps with beetroot and pickled onions
Thursday	Cheese and vegetable macaroni pasta bake	Mackerel fish cakes in a roll with tomato relish
Friday	Gammon parsley sauce, crispy potatoes and peas	Pasta with mixed peppers

W/C- 07/10/19	Lunch	Tea
Monday	BBQ Chicken with rice and peas	Spicy scrambled egg on toast
Tuesday	Tuna Empanada pie with sweetcorn	Lemon chicken filled wraps with homemade coleslaw
Wednesday	Roast beef, potatoes, Yorkshire puddings, carrots and green beans*	Sweet and sour noodles with mixed peppers
Thursday	Pork, leek & mustard casserole, new potatoes & sprouts	Prawn cocktail pasta salad with diced cucumber
Friday	Pasta primavera with garlic bread	Meatball subs (meatballs, homemade tomato sauce, with lettuce & onions)

W/C– 12/08/19	Lunch	Tea
Monday	Jamaican corned beef with coconut rice	Quiche Lorraine with homemade potato salad and cucumber sticks
Tuesday	Tomato pasta bake with garlic bread	Chicken fajitas with sour cream and mild salsa
Wednesday	Gammon, new potatoes, red cabbage, peas & onion gravy*	Wholemeal muffin pizza's with various topics e.g. mushrooms, sweetcorn, onions, courgettes etc
Thursday	Chicken korma with Bombay potatoes & naan	Vegetable pasta salad e.g. peppers, courgettes, sweetcorn
Friday	Beef & root veg pie, crispy potatoes & green beans*	Ham filled pitta breads with homemade coleslaw

****All served with Homemade Gravy**

Water is served with each meal and throughout the day and a selection of fruit is served after lunch.

Some foods may contain genetically modified ingredients. Some of our meals may include ingredients that contain 1 or more of the following 14 allergens: celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide.

If you have any concerns regarding any of the above allergens please speak to a member of our team immediately.

**All dietary requirements can be catered for please feel free to speak to a member of our team for alternative meal choices*

**If you would like further information about any of our meals please speak to a member of our team*